

CARDIO de FRANCE



January 28 - March 24
Cost: Free

Levels:

Elite- 2,082 Miles

Advanced- 400 Miles

Intermediate- 210 Miles

Beginner- 120 Miles

**Bike, Walk, Run, Row,
EFX or Crosstrain
your way through
21 Stages of the
Tour de France.**

Owned and Operated by
Fargo Park District:



COURTSPPLUS
COMMUNITY FITNESS

For More Information:

Wayne Herrick

wherrick@courtsplus.org

CourtsPlus.org - 701.237.4805

Connect With Us:

