

# MARATHON MILES



**Dates: April 22 - June 16**

**Cost: Free**

- Complete cardio workouts and track your miles or steps.
- Prizes will be awarded for reaching your goal.
- Top person at each level will receive **\$50 to Beyond Running.**

## **LEVELS:**

**Advanced: 230 Miles**

**Intermediate: 150 Miles**

**Beginner: 80 Miles**

Run, Walk, Climb or  
Crosstrain your way from  
New York to Los Angeles.

Every mile puts you one  
step closer to the  
**Grand Prize!**

Owned and Operated by  
Fargo Park District:



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