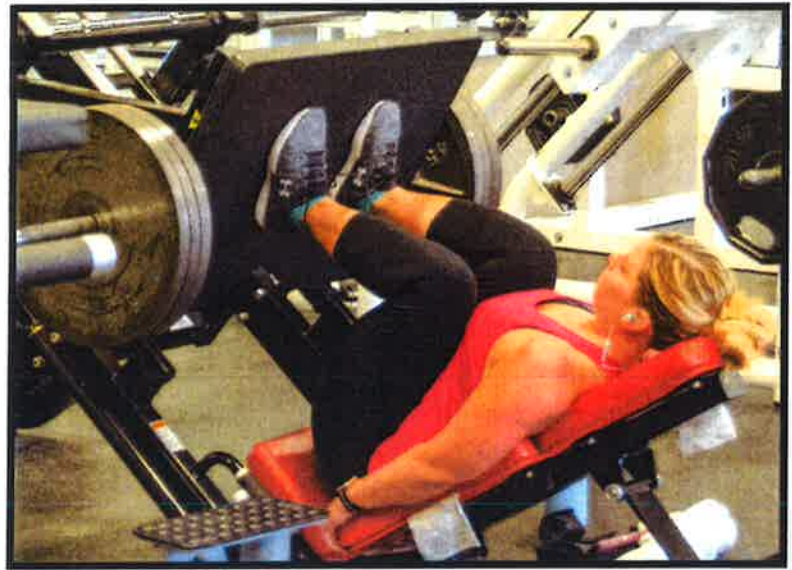
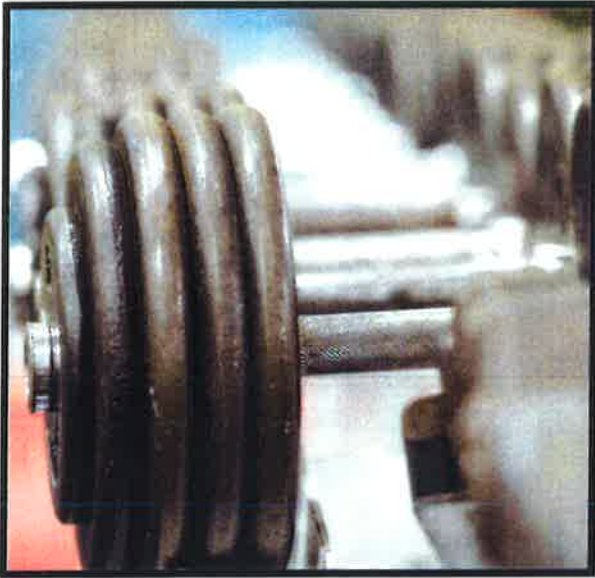


BENT BAR Strength Training Club



September 9 - November 3

Cost: Free

Grand Prize: Fargo Force Tickets

Become a member of the **Bent Bar Club** by completing **24 Strength Training** workouts in **8 Weeks**. The more you lift the better your chances of winning the **Grand Prize!**

Owned and Operated by
Fargo Park District:



Questions & Registration:

Wayne Herrick

wherrick@courtsplus.org

CourtsPlus.org · 701.237.4805

Connect With Us:

