Courts Plus Community Fitness
Functional Training Room Schedule
March 16th - March 22nd

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am	OPEN	OPEN	OPEN	OPEN	OPEN		
6:00am							
7:00am						OPEN	
8:00am							OPEN
9:00am						Drop Zone 9:30-10:15	
10:00am						Family Time 10:30-11:15	
11:00am						Drop Zone 11:15-12:15	
12:00pm						OPEN	
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
6:00pm				Family Time 6:00-6:45			
7:00pm							
8:00pm							
9:00pm							
10:00pm							

DROP ZONE: Drop your child off with us for 45 mintutes of open ninja time. A ninja trainer will superivse and assit with obstacles. Pre-Registration and registration fee required.

FAMIILY TIME: Your family can challenge each other and have a blast on Big Blue & our ninja obstacles. Family time is a great way to burn off energy and work on your ninja skills! Pre-registration required.