

# GYM SCHEDULE

## OCTOBER 21st - OCTOBER 27th

|         |  | MONDAY   |       |       |       | TUESDAY |       |       |       | WEDNESDAY |       |       |       | THURSDAY |       |       |       | FRIDAY |       |       |       | SATURDAY |       |       |       | SUNDAY  |       |       |       |  |  |
|---------|--|----------|-------|-------|-------|---------|-------|-------|-------|-----------|-------|-------|-------|----------|-------|-------|-------|--------|-------|-------|-------|----------|-------|-------|-------|---------|-------|-------|-------|--|--|
|         |  | WEST     |       | EAST  |       | WEST    |       | EAST  |       | WEST      |       | EAST  |       | WEST     |       | EAST  |       | WEST   |       | EAST  |       | WEST     |       | EAST  |       |         |       |       |       |  |  |
|         |  | North    | South | North | South | North   | South | North | South | North     | South | North | South | North    | South | North | South | North  | South | North | South | North    | South | North | South | North   | South | North | South |  |  |
| 5:00am  |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 5:00am  |       |       |       |  |  |
| 6:00am  |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 6:00am  |       |       |       |  |  |
| 7:00am  |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 7:00am  |       |       |       |  |  |
| 8:00am  |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 8:00am  |       |       |       |  |  |
| 9:00am  |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 9:00am  |       |       |       |  |  |
| 10:00am |  | OPEN GYM |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 10:00am |       |       |       |  |  |
| 11:00am |  | OPEN GYM |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 11:00am |       |       |       |  |  |
| 12:00pm |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 12:00pm |       |       |       |  |  |
| 1:00pm  |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 1:00pm  |       |       |       |  |  |
| 2:00pm  |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 2:00pm  |       |       |       |  |  |
| 3:00pm  |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 3:00pm  |       |       |       |  |  |
| 4:00pm  |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 4:00pm  |       |       |       |  |  |
| 5:00pm  |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 5:00pm  |       |       |       |  |  |
| 6:00pm  |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 6:00pm  |       |       |       |  |  |
| 7:00pm  |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 7:00pm  |       |       |       |  |  |
| 8:00pm  |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 8:00pm  |       |       |       |  |  |
| 9:00pm  |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 9:00pm  |       |       |       |  |  |
| 10:00pm |  |          |       |       |       |         |       |       |       |           |       |       |       |          |       |       |       |        |       |       |       |          |       |       |       | 10:00pm |       |       |       |  |  |