



		MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY					
		WEST		EAST		WEST		EAST		WEST		EAST		WEST		EAST		WEST		EAST		WEST		EAST							
		North	South	North	South	North	South	North	South	North	South	North	South	North	South	North	South	North	South	North	South	North	South	North	South						
5:00am	OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM				5:00am		
6:00am																													5:00am		
7:00am																													6:00am		
8:00am																													7:00am		
9:00am																													8:00am		
10:00am																													9:00am		
11:00am																													10:00am		
																													11:00am		
12:00pm																													12:00pm		
1:00pm																													1:00pm		
2:00pm	OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM				OPEN GYM				2:00pm										
3:00pm																					3:00pm										
4:00pm																					4:00pm										
5:00pm																					5:00pm										
																					6:00pm										
6:00pm																					6:00pm										
																					7:00pm										
7:00pm																					7:00pm										
8:00pm																					8:00pm										
																					9:00pm										
9:00pm	9:00pm																														
	10:00pm																														
10:00pm	10:00pm																														